

- Revise in **short 20 minute bursts**.
- Have a place where you can do your work and revise at home
- Make a **revision plan** / schedule and stick to it
- Make sure you know what you are being tested on and what you need to revise
- Start each session with the difficult areas of a subject

- **Index cards** - useful because they are small and portable, so you can revise from them anywhere-the bus, at dinnertime, waiting for your mates etc. Use as cue cards-that is break down the information and put the main points on the cards. The headings you use should act as memory prompts
- **Posters**. Make posters with key words, vocabulary, quotations, definitions and key concepts on them. Put these up in your room, so you are constantly reminded of them
- **Flow charts, spider diagrams**. This is especially useful for science subjects where you have to examine cause and effect. Similarly, spider diagrams are useful tools for organising and displaying information in subjects like English, History, Respect and Geography where you have to discuss and link points

I am prepared!



Tips for revision and exams!

- **Eat balanced meals: foods such as cola, caffeine and chocolate are the enemies of revision**
- **Make sure you get plenty of sleep**
- **Make sure you have your correct equipment – black pen(s), pencil, ruler, rubber, calculator and maths equipment**

- Do something **active** with your revision: turn it into a mind-map, a diagram, post it notes with key terms. Don't just re-read it; work at it – pull it apart and turn it into something else
- **Summarise**. Go through each topic and write down a summary of the main points that you need to know

- **Explain** what you have learnt to someone else. This really is the best way to learn something because if you can say it, then you can write it
- Do **example questions**. You should also build into your revision schedule, doing example questions. Ask your subject teachers
- You should aim to complete a few example questions for each subject. You can get a friend to mark it, or a teacher-but bear in mind their workload
- Make a list of any things you found difficult and address them – use a **revision guide, ask a teacher**

Avoid all distractions:

- Be honest and strict with yourself;
- Keep your TV, computer, laptop, ipad, phone, kindle, Facebook, twitter and any games **away**
- If **music** becomes a distraction, get rid of it.
- Do not waste time or delay starting.

Share your revision timetable with your parents / family or who those you live with:

- They can help by keeping distractions away from you including, brothers, sisters, friends and pets and keeping the house quiet.
- They can help and support you by testing you and keeping you on track if you lose focus.

Stay Healthy:

- You cannot revise all night! Take regular breaks and revise in short bursts – 20 to 30 minutes
- Keep hydrated and eat healthily
- During your breaks, get some fresh air, do exercise or be active
- Don't stay up too late!



Find a space you are comfortable revising in:

- This might be your bedroom, or a study or the kitchen. Some of you might find it easier to revise if your parents are there with you
- Have all of your resources to hand; stationary, paper, post it notes, highlighters, cards, folders but keep your space tidy and free of clutter!

Revision is an active process, you need to engage with the work:

- Reading through your exercise book, folder or a revision guide a few times will not do!
- Spending lots of time searching online may also not be productive
- You need to be physically active with your work – create revision materials, try exam style questions or questions and tests that you have previously done
- Look in your exercise books for the actions from each home work, or assessed piece of work. Can you still carry out those actions